



Milwaukee County Senior Dining

MEALS ON WHEELS

NOVEMBER 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	¹ Pork Cutlet w/Gravy Buttered Egg Noodles Green Beans  Orange Juice Crusty Dinner Roll Toffee Chip Cookie  Fresh Fruit	² Swiss Mushroom Burger Whole Wheat Burger Bun Ketchup & Mustard Baby Baker Potatoes Sweet Peas Mandarin Oranges	³ Stuffed Cabbage Roll Garlic Mashed Potatoes Whole Kernel Corn Seven-Grain Bread Pineapple Tidbits	⁴ Lemon Garlic Chicken Leg/Thigh Dilly-Buttered Red Potatoes Broccoli Marble Rye Bread Mint-Iced Brownie  Banana
⁷ Baked Ham Candied Sweet Potatoes California Vegetable Blend Dinner Roll Tropical Fruit Cup	ELECTION DAY ⁸ BBQ Country-Style Pork Rib Au Gratin Potatoes Green-Wax Bean Combo Whole Wheat Bread All-American Apple Pie  Apple Slices	⁹ Chicken Vegetable Chop Suey Brown Rice Pea Pods Baking Powder Biscuit Fresh Orange	¹⁰ Italian Meatballs/Sauce w/Parmesan Cheese Spaghetti Noodles Italian Vegetable Blend Mixed Greens Italian Dressing Vienna Bread Fresh Pear	VETERAN'S DAY ¹¹ Roast Beef/Gravy Baked Potato Butter & Sour Cream Key Largo Vegetables Rye Dinner Roll Cherry Cheesecake  Red Delicious Apple
¹⁴ Open-Face Turkey Sandwich w/Gravy Mashed Potatoes Capri Vegetable Blend Baker's Choice  Pears	¹⁵ Yankee Pot Roast w/Celery & Onion Parslied, 1/4 Potatoes Sunshine Carrots Dilly Bread P.B. Rice Krispie Square  Peaches	¹⁶ Herb-Roasted Baked Chicken Leg/Thigh Warm German Potato Salad Wisconsin Vegetable Blend Dinner Roll Citrus Salad	¹⁷ Swedish Meatballs Buttered Noodles Brussels Sprouts Garlic Bread  Grape Juice Tapioca Pudding  Lo-Cal Pudding	¹⁸ Tuna Noodle Casserole Broccoli Tips & Cuts Diced Carrots Marble Rye Bread Oatmeal Raisin Cookie  Fresh Fruit
²¹ Meatloaf Onion Gravy Mashed Potatoes Stewed Tomatoes w/Onion & Green Pepper Multi-Grain Bread Fruit Cocktail	²² Italian Sausage w/Onions & Peppers in Marinara Sauce Garlic-Buttered Rotini Italian Vegetable Blend Crusty Roll Pistachio Pudding  Fresh Pear	²³ Chicken Cordon Bleu Wild Rice Blend Wisconsin Vegetable Blend Mixed Greens Raspberry Dressing Oval Grain Roll Pumpkin Cookie  Fresh Orange	²⁴ CLOSED 	²⁵ CLOSED 
²⁸ BBQ Beef Whole Grain Burger Bun Mac & Cheese Cauliflower  Apple Juice Peach Slices	²⁹ Chicken Parmesan Italian Beans Winter Squash Crusty Italian Bread Yogurt	³⁰ Crab Pasta Salad on Leaf Lettuce Cherry Tomatoes Pickled Beet Salad Kaiser Roll Sun Chips Snickerdoodle Cookie  Banana	<div> ADDRESS CHANGE? VACATION HOLD? DELIVERY ISSUES? PLEASE CALL 358-6527 </div>	